

L.A. Care Health Plan: Programs for Seniors and People with Disabilities

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Lisa Kodmur, MPH

*Program Manager, Services for
Seniors and People with
Disabilities*



L.A. Care
HEALTH PLAN

Who are we?



L.A. Care Health Plan is a public, community-accountable healthcare agency that serves nearly 800,000 Los Angeles County residents through the Medi-Cal, Healthy Families and Healthy Kids programs. L.A. Care is the largest public health plan in America and has served residents of L.A. County for ten years.

L.A. Care Health Plan Mission



To provide access to quality health care for Los Angeles County's vulnerable and low income communities and residents and to support the safety net required to achieve that purpose.

What Makes L.A. Care Different?



- Stakeholder board
- Consumer advisory committees
- Community benefits programs
- Support for the safety net
- Culture and linguistics services
- Locally based organization
- Partnerships in disability community

L.A. Care programs



L.A. Care
HEALTH PLAN

➤ **Medi-Cal** – 730,000+ members, more than 30,000 seniors and people with disabilities voluntarily enrolled with us and our partner health plans

➤ **Healthy Families** – 6,000+ members

➤ **Healthy Kids** – 40,000+ members

➤ **Medicare**

Currently in planning phase, to launch November 2007, for “dual eligible” beneficiaries with both Medi-Cal and Medicare

Barriers to Healthcare for Seniors and People with Disabilities ("Hassle Factors"*)



- Physical
 - Transportation, parking, doorways, exam tables, restrooms
- Communication
 - Hearing loss, speech loss, intellectual and developmental disabilities
- Programmatic
 - Focus on disability and not on prevention
- Cultural
 - Language, disability culture
- Systemic
 - Provider reimbursement, lack of home- and community-based services

Services for Seniors and People with Disabilities (select list)



- Alternative formats
- Interpreters (including ASL)
- Site access information
- Staff training
- Help with transportation
- Help finding specialists
- Disability Policy Experts
- Doctor and office staff education
- Community benefits programs

Community Benefits Part One: Improved Access to Care



- 17 local community clinics
- Accessible exam tables, scales, and assistive listening devices
- Other modifications

Community Benefits Part Two: Health and Wellness



- Eight local community-based organizations
- Nutrition, fitness, exercise, prevention of secondary conditions

Community Benefits Part Three: Promotoras



- Partnership with ILC, promotora group, disability experts, academic evaluator
- Develop disability curriculum
- Train more than 40 promotoras

Contact:



Lisa Kodmur, MPH
Program Manager, Services for
Seniors and People with Disabilities
(213)694-1250 x4449
lkodmur@lacare.org

L.A. Care Health Plan
555 W. 5th St., 29th Floor
Los Angeles, CA 90013
(213)694-1250
(866)522-2731 (TTY)